

The Silver Spoon for Children

Favourite Italian Recipes

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- **Delicious, authentic and simple recipes rewritten for children from *The Silver Spoon* – the best-selling bible of Italian cooking**
- **Adapted and thoroughly tested by an expert in children's nutrition**
- **Each recipe is explained by clear step-by-step instructions with specially commissioned illustrations and photographs**
- **Well-balanced recipes made with wholesome ingredients and designed to teach key kitchen skills and encourage a passion for good food**
- **An ideal way to learn how to cook favourites such as tomato bruschetta, pizza, spaghetti, chicken with mascarpone, orange cake and ice cream**
- **Separate US and UK editions available**

Amanda Grant is a food writer, broadcaster and mother of three. She has published books about healthy eating for children, had her own television series in the UK, 'Power Food', and speaks regularly on radio and television on the subject of teaching children about food. **Harriet Russell** is a successful illustrator with a particular interest in food and Italy. She has made numerous books for children.

